

# Magdalen

Magdalen Farm and Centre has been providing care and educational services since 1991.

Each Care Farming session is tailored to meet the needs and circumstances of the individual or group.

All sessions are fully risk-assessed and insured.

Prices available on application  
For 2011 our prices are kindly subsidised by the Tudor Trust.



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## CARE FARMING at Magdalen

offering therapeutic day and residential activities to disadvantaged groups and individuals of all ages.



[www.themagdalenproject.org.uk](http://www.themagdalenproject.org.uk)

## What is Care Farming?

Care Farming contributes to people's health and well-being by providing productive activities and interventions on a working farm.

People can benefit physically, socially and mentally and improve their confidence and independent living skills.



*'There are so many activities at Magdalen that our service users can engage in and feel enabled by. It just goes to show that with the right support, encouragement and access to educational services, the people we work with can feel free to flourish'*

Wessex Autistic Society

## Care Farming Beneficiaries

Magdalen's beneficiaries include: people with defined medical or social needs as well as stress and other ill-health conditions.

- Mencap
- Wessex Autistic Society
- Action for Blind People
- Aiming High for children & young people with disabilities
- BCHA
- Pupil Referral Units
- Schools & Colleges
- Young Carers Organisations
- Support Groups
- Mental Health Referrals
- Physical Health Promotion.

*'D has had a difficult life and never had a childhood or adolescence as such and she was really finding the child in her yesterday and that is the first time I have ever heard her say I really, really enjoyed that.'*

Peer Support Group

## Care Farming at Magdalen

### Enabling Environment

132 acres of organic farmland, including animals, conservation areas, woodland, vegetable and fruit gardens, the river Axe and extensive outdoor & indoor spaces

### Positive Relationships

All staff and volunteers are CRB checked and facilitate caring, secure relationships

### Learning and Development

We recognise the unique qualities of each person and design our interventions to promote capability, confidence & resilience



*'It was inspiring to see lots of great people with different backgrounds and barriers coming together and being involved in fun activities, looking out for each other and making new friends'*

Mencap

***We nurture resilience, dignity and a sense of worth***